



BRIDGES is funded by the European Social Fund and The National Lottery Community Fund



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PROJECT SUPPORT INFORMATION



We offer the following: support to our participants; Currently having remote interventions

Job Search Support

CV Writing

Mentoring

Counselling

Advice and Guidance

One to One Sessions – Reviews

Employability Workshops
ESOL Sessions

Basic Skills English & Maths

BRIDGES PARTICIPANT NEWSLETTER

ISSUE 13: SEPTEMBER 2021

Welcome to our 13th Bridges Participant Newsletter for the BRIDGES Project brought to you by our Gloucester Street Community Centre's (GSCC) team. Let's give our new participants a big welcome to our project. You will also find information regarding B.A.R. set up by one of the participants and information on days out. Along with details of our Celebration Event which was a huge success. Thank you to everyone who attended.

Welcome

A big welcome to the following who have joined our project over the last few weeks.

Rajni

Hafsat R Baba

Danny Murphy

Gherghinita Andrei

Jamie Watson

T A

Mercedes Engusa

Darren Margerrison

Mark

Ifeoma Ajukieze

We look forward to helping them achieve and develop new skills.



CONTACT:

GSCC BBO BRIDGES

EMAIL:

admin@gscommunitycentre.org

or janet@gscommunitycentre.org

Office hours: Monday, Wednesday, and Thursday 9.30am – 4.00pm

Tuesday and Friday office closed but contactable via phone

Office: 01902 686068 / 07983 897280

Mobiles:

07484919987/07484919988/

07484919989

Facebook:

facebook.com/GloucesterStCC

Twitter: @GloucesterStCC



FOOD PARCELS

are available Every Thursday we are pleased to offer / distribute food parcels if you feel one of these would be beneficial to you or someone you know – then please contact us and we can arrange a Thursday and give you a collection slot.



GET INVOLVED! AND HELP OUT @ THE BACK TO EDEN COMMUNITY ALLOTMENT PROJECT

The Back to Eden Community Allotments Project is based at the Heath Town allotments site which is situated on the New Park Village estate. C4PC are looking for volunteers to get stuck into this new community allotments initiative where anyone and everyone can get involved, regardless of age and experience.

You will be able to:

- Meet new people
- Learn about growing food
- Take fresh produce home




WE WILL ALSO BE RUNNING VOLUNTEER AND LEARNING SESSIONS
TO GET INVOLVED CALL
07826 252591
OR EMAIL US ON
wpcchange@gmail.com
Find us on 



WHEN
Wednesdays
&
Sundays
2pm-5pm

WHERE
Collection Centre @
Tabernacle Baptist Church,
Dunstall Road,
Whitmore Reans,
WV6 0NJ

Tel: **07811 753752**
Email: info@afghan-cw.org.uk

Please only donate clothing that is in good condition or new, and non-perishable food products that are in-date.

Donations for Afghan Refugees

WHAT WE NEED

- * Household Appliances & Items Including:
- Kettles
 - Toasters
 - Dishes
 - Plates
 - Cups
 - * Toiletries & Nappies
 - * Children & Baby Clothing (ANY Size)
 - * Food Items:
 - Basmati Rice
 - Lentils
 - Flour
 - * Tinned:
 - Red Kidney Beans
 - Chick Peas
 - Tomatoes

Collecting for the **Afghan Community and Welfare Centre**

Registered Charity number - 1152996





CELEBRATION EVENTS.....

On 9th August – Gloucester Street Bridges project held a Celebration Event so participant’s new and old could meet the staff and offer them a chance to socialise with other participants. A delicious buffet was offered and enjoyed by all. Whilst the children who attended had fun on the bouncy castle... Due to the success of the event we held another one on 23rd September, there was food on offer, interactive games and counselling sessions - we received positive feedback from all who attended. Here is a selection of photos.



Look out for your invitation to our next event coming up on 28th

October



The Brothers Against Racism Movement (B*A*R) is an organization that aims to build a strong foundation to fight against the ever-rising issues surrounding racism in today's Society. The movement intends to educate and inspire communities to come together regardless of age, background, and gender to transform the cultural judgement and prejudice that humanity currently faces in the hopes of creating a safer environment for all.



How to become job ready, useful tips.....

1. Ensure you have an up-to-date CV. Our friendly team are on hand to assist with this.
2. Connect with valuable and helpful people who can motivate you.
3. Stay updated and be ready and willing to learn new skills. GSCC have a number of online courses that are Free and will help you gain extra knowledge and qualifications.
4. Attend a confidence session with Marcia Williams this will ensure you have the confidence and that you are ready to move forward to reach your goals.

Further useful Information

Wolverhampton Support

Victim Support West Midlands 0300 303 1977

West Midlands Forced Marriage 24hr helpline 0800 539777

The Haven Wolverhampton Tel: 08000 194 400. Online chat (Mon–Fri 9am- 5pm)

E-mail: info@havenrefuge.org.uk

St Georges Hub for support for male victims -

Tel: 01902 421904

Wolverhampton Council Housing. Housing Options

Homeless Services 01902 554747 Homelessness

Adult Social Care. Tel: 01902 551199

Children's Social Care. Tel: 01902 555392

NHS Support

The NHS website also offers self-assessment, audio guides and practical tools, if you are experiencing stress, feelings of anxiety or low moods, available at www.nhs.uk/conditions/stress-anxiety-depression. If you are still struggling and it is affecting your daily life, please go to 111.nhs.uk. If you have no internet access, call NHS 111.

If you are feeling very low and need to speak to someone, the Samaritans are available 24 hours a day, seven days a week at www.samaritans.org and on 116 123 by telephone.